# E-SAFETY POLICIES + GUIDANCE

for families with children OVER 13 years.

This document outlines our policies for devices and gives guidance to parents to help monitor and screen their childs' device/internet usage

Navigating the rapidly changing online world can be daunting. At the school, we teach the students about cyber-safety and our rights and responsibilities as individual users. For students in Grade 4-6 we have added a 'Coding and E-safety' weekly class onto our regular curriculum.

We urge families to be diligent about monitoring devices and accounts of our young people.

### 1. General Guidelines for Online Learning Platforms

With the country moving into Remote Learning, students will be using their devices and the internet much more frequently than usual. Different learning platforms must be accessed in order to complete assignments and submit their work. For online platforms, the following advice is given to parents/students alike.

Always use your real name

Create strong, unique passwords Do not share your passwords

Do not share personal information or photos

Find a quiet workspace

Always dress appropriately Do not record or take photos of your class sessions

Make sure your background is appropriate and not distracting for other class members

Always use polite and respectful language

# 2. Should my child be allowed to use Social Media?

All social media sites have a minimum age requirement of 13 years. This does not necessarily mean that at 13 years of age, content posted on social media is appropriate for your child. It is very important to monitor your child's social media accounts and set up restrictions where possible.

Youtube allows parents to set up content restrictions for users under age 18.

## 3. How can I monitor my childs' device/internet usage?

There are many different apps and websites that you can use to monitor your childs online usage, app downloads + screen time. Some highly recommended ones are listed below:



Norton Family Premier: Web + Search supervision, screen-time control + reports, location tracking & email alerts. Compatible with all devices.



**Webwatcher:** Web + Search supervision, app usage reports, messaging/social media monitoring, photo monitoring. Compatible with all devices.



My Mobile Watch Dog: Web + Search supervision, screen-time control + reports, messaging/social media monitoring, call log + contact syncing. Compatible with mobile devices. No Laptops.



MMGuardian: Web + Search supervision, screen-time control + reports, messaging/social media monitoring, parent alerts for concerning and inappropriate content. Compatible with mobile devices. No Laptops.



Google Family Link: Web + Search supervision, screen-time control + reports, location tracking, app downloads and more. Compatible with android children devices, iOS parent devices.

#### 4. How can I encourage my child to be safe online?

• Reiterate to them how important their online footprint is. Inappropriate messages or images could have a huge impact in the future, if a college administrator or employer were to conduct standard background checks.

#### "WHAT GOES ONLINE STAYS ONLINE".

- Do not talk to anybody you do not know, AT ALL. This includes on online gaming sites.
- Do not share personal information: name, address, contact numbers, date of birth, parents' information, etc. **Even** if you think you know the person.
- Do not use the same passwords for multiple accounts.
- Do not post photos of yourself, do not use personal photos as your avatar.
- ALWAYS set 'ask first' permissions for app payments to avoid any automatic purchases.
- Remind them that there are laws against cyber-crime including, defamation, blackmail, bullying and inappropriate content (owning and sharing). These PENALTY offences carry hefty fines.



A - Assume nothing

B - Believe nobody

C - Check EVERYTHING











Ask

